N59 National Primary Road
R319 Regional Road
Minor Road
Lane or Housing Estate
Dirt Road or Bog Road
Take extra care at this junction, stretch of road
Very Steep Hill
Steep Hill
124 King of the Hills high point, spot height
Viewing Point
Disused Railway
Car Park
Toilets, Drinking Water
Swimming
Tourist Information
Bike Hire or Sales & Repairs
Accommodation, Camp Site
Shop, Pub, Restaurant
Petrol Station, Picnic Site
Post Office/ Box, Craft Shop
Golf Course, Equestrian Centre
Car Ferry, Boat Hire or Trips
Museum, Heritage Site, Church
Castle, Tomb, Wildlife

Cycle Loop 1 : 19 Kilometres
Cycle Loop 2 : 7 Kilometres
Cycle Loop 3 : 26 Kilometres

0 kms 1 2 3 4 5 kms

N

Atlantic Ocean

Loop 1
Loop 2
Loop 3
Start

Roonagh Quay
to Clare Island & Inishbofin
Bunatuckeen Strand
cliffs
Aghanny
Accony
Ceathrú Mhór
Askillaun
Poll Mhór
Emlagh
Lough Baun
Dooghmakeon
blanket bog
mói
Carrownisky
Formoyle
Cross Strand
Roonah Lough
Abhainn Cheathrú an Uisce
Cnocín
Killadoon
Aill Mhór
Bunleemshough River
Doire Garbh Beag
Lough Nahilora
Sruthan Búi
Creagán a gCapaill
Loch na Mac
Loch Beag
Cregganbaun
R335 to Leenane
lazy beds
Carrowmore Strand
pier
Turlin Strand
Creggonbaun Strand
Old Head
Legan
Derrylahan
Bunowen
Calla
Granuaile Heritage Centre
Louisburgh
R335
Moinín
limekiln
Caher
Louisburgh GAA
Factory
Callacoon
Srahrevagh
Tully
Tully Bridge
Abhainn Bhaile Uí Fhiacháin
Granuaile
Fallduff Strand
Fall Duff
Kilsallagh Bridge
Kilsallagh
Kilgeever Abbey
Kilgeever
Kinknock
Bellakip Bridge
Bellakip
Bellakip River
Cuilleen
Mullagh
Glenbaun
Cartoor
Furgill
Cregganroe
turf cutting
Srahnacloy
Boheh
Durless
Tangincartoor
Laghta Eighter
Laghta Oughter
Tawnyslinnaun
Leenavesta
Abhainn Bhaile Uí Fhiacháin
Abhainn Salach
waterfall
boggak
Fords!
ford
gravel
footbridge
sheep pens
Thornhill Strand
Thornhill
R335 to Westport
Lecanvey
Glaspatrick
Carrowmacloughlin
Croagh Patrick
Lough Beg
Lough Oughter
Lough Gall
Derrymore
Bhun Abhainn